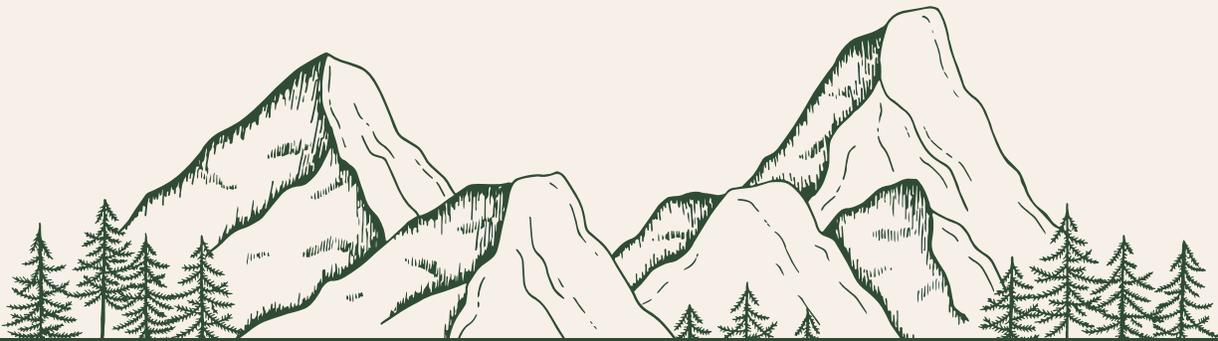


Shelter-in-Place Readiness Assessment

A short-term shelter-in-place preparedness
checklist

Timberline Survival Co.

This guide does not focus on what to pack or carry. Instead, it helps you evaluate whether your living space can support you during a short-term disruption without outside assistance.



IMPORTANT NOTE

This checklist is a general preparedness guide. All gear, quantities, and plans should be adjusted based on individual needs, family size, medical requirements, climate region, and local risks.

Shelter-in-Place Readiness Assessment

This assessment is designed to help you determine whether your home can safely support you during short-term disruptions such as power outages or severe weather. Review each section honestly; gaps simply highlight areas to improve, not failures.

Water Access & Use

- We have safe drinking water available without leaving the home
- Water is accessible and not dependent on refrigeration or power
- We understand how to reduce water use during short disruptions
- We know not all water is safe to drink and understand how to use different water safely

Visibility & Movement

- We can safely move through the home after dark without tripping or injury
- Key areas (bathroom, kitchen, exits) can be lit when needed
- Lighting is easy to reach and doesn't require searching in the dark
- Walkways are clear of clutter, cords, or loose items

Information & Communication

- We can receive emergency updates without internet
- Emergency contacts are accessible without phones
- We have a reliable way to share status updates with others

Home Safety Awareness

- Utility shutoffs are known and accessible
- Fire risks are understood and reduced
- Smoke and CO detectors are operational
- Emergency exits are clear and known

Awareness & Decision Readiness

- Household members understand the situation, expectations are clear, and we're prepared to change plans if conditions become unsafe

Food Continuity

- We can eat regular meals without relying on stores, refrigeration, or electricity
- Household members are aware of dietary needs and restrictions
- If disruptions last longer than expected, meals may focus on meeting basic caloric needs

Short-Term Power & Devices

- Phones and essential devices can remain powered
- We know how to conserve battery life
- Power is prioritized for communication, safety, and updates
- We have more than one way to charge essential devices

Health, Medical & Hygiene

- Minor injuries can be treated at home
- Required medications are accessible and current
- Over-the-counter medical needs are covered
- Hygiene can be maintained with limited water
- We can manage indoor air quality during smoke, dust, or similar conditions if needed

Comfort & Livability

- We can stay warm or cool enough to rest
- Sleeping arrangements are comfortable
- Clothing is appropriate for conditions
- Quiet activities are available to reduce stress

Review & Maintenance

- Readiness is reviewed periodically
- Expired or failed items are replaced
- Household members know where essentials are stored
- Gaps are noted for future improvement